

# Guilford Technical Community College Resources Guide 2022-2023

This booklet is for informational purposes, organizations that are listed do not necessarily reflect the values of Guilford Technical Community College.

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# Crisis Hotlines

# 211

# Contact

• Call: 211

• Visit: www.211.nc.org

# Services

• Provides information on various resources in the community

# Guilford County Schools Student Crisis Hotline

## Contact

• 336.332-7295

## Services

- The Guilford County Crisis Hotline operates 7 Am midnight
- Operated by counselors, social workers, school psychologists and those trained to assist students in crisis

# Guilford County Family Justice Center

# Contact

- Call Greensboro 336-256-2250
- Visit 201 South Green St. Greensboro 27401
- Call High Point 336-889-7923

# Services

• Services for victims of domestic violence, child abuse and elder abuse

# **Red Cross**

#### Contact

• Call: 336-333-2111

## Services

• Disaster or emergency services

# Afterschool and Childcare Services

# Big Brothers/Big Sisters

## Contact:

- Call 336-882-4167
- Visit Eastchester Drive Suite 100 High Point 27265
- Website https://bbbscp.org/

## Services:

• Provides mentors for child and youth from low income and/or single parent homes to develop positive relationships and experience enrichment opportunities.

# Boys and Girls Club

## Contact

- Call: Greensboro 336-907-3635 (choose option 2)
- Visit: www.salvationarmycarolinas.org/bgcgreensboro/home
- Call: High Point 336-882-2582
- Visit: www.hpclubs.org

# Services

- Provides after school services to youth in the High Point and Greensboro communities
- Provides special programs such as drug and alcohol awareness to teens
- Provides a reading program

# Ages

- Reynolds Unit Ages 5 (as long as in kindergarten) 12 years
- Teen Unit Ages 13 18 years

# Fees

• \$50 per month scholarships are available

# Communities in Schools – High Point

#### Contact:

- Call 336-883-6434
- Visit 149 Church Ave. High Point 27262

# Services:

 Offers dropout prevention for children in public schools. Offers tutoring, mentoring, and after school programs

# Guilford County Childcare Resources and Referral

## Contact

• Call: 336-383-9911

Email: <u>helen@guilfordchilddev.org</u>

Visit: 1200 Arlington St. Greensboro 27406

#### Services

- Provides day care vouchers based on income and need
- This service is provided to qualified applicants only, please contact the office for details

# NC Works Career Center Youth Program

# Contact:

- Call 336-882-4141
- Visit 607 Idol Street High Point 27265
- Website https://www.ncworks.gov/vosnet/Default.aspx

## Services:

• Connects high school youth and their families to information regarding volunteer opportunities, social service programs, college tuition assistance resources and college and career exploration.

#### Hours:

- Monday, Tuesday and Thursday 9Am 4:30 PM
- Wednesday 9AM 6PM
- Friday 9AM 2PM

# North Carolina Childcare Resource and Referral Council

## Contact:

- Call 704-376-6697
- Visit 4600 Park Road #400 Charlotte NC 27209
- Website <a href="https://www.childcarerrnc.org/">https://www.childcarerrnc.org/</a>

# Services:

• Offers childcare referrals across North Carolina. Open Monday – Friday 8AM – 5PM.

# **Guilford Child Development**

#### Contact:

- Call 336-378-7700
- Visit 1200 Arlington St. Greensboro 27406
- Website https://guilfordchildev.org/

# Services:

 Offers Early Head Start and Head Start services, resources and referrals for childcare services and free meals for families with young children

# Smart Start Quality Initiative

## Contact

• Call: 336-274-5437

Email: <u>robinl@guilfordchildren.org</u>Visit: www.guilfordchildren.org

• Visit: 122 North Elm Street Suite 1010 Greensboro 27410

#### Services

- To ensure that every child in Guilford County enters school ready to succeed
- Administers one of the largest NC Pre-K programs in NC
- Available for those aged 8 weeks 4 years

#### Fees

• Scholarships available

#### **YMCA**

#### Contact:

Hayes Taylor Branch: 336-272-2131
Ragsdale Branch: 336-882-9622
Spears Branch: 336-387-9622

Website: <a href="www.ymcagreensboro.oeg">www.ymcagreensboro.oeg</a>
Chavis Sportsplex: 336-434-4000

Chavis Childcare Center: 336-434-4000Hartley Drive Branch: 336-869-0151

Carl and Linda Grubb branch: 336-861-7788

Website: www.hpymca.org

# Services

- Provides after school programs for children
- All day childcare programs available when GCS are closed for teacher workdays
- Open to Elementary and middle school aged children

#### Fees

• The YMCA offers member discounts and three options for K-8 daycare

# YWCA of High Point

## Contact

• Call: 336-882-4126

• Website: <a href="www.ywcahp.com/what-we-do/youth-services">www.ywcahp.com/what-we-do/youth-services</a>

## Services:

• After school programs for Elementary and Middle School Aged children

# English Language Learning Assistance

## **GTCC ESOL Services**

#### Contact

Call - Greensboro Campus: 336-334-4822 extension 53038

• Call – High Point Campus: 336-334-4822 extension 55028

Visit – Greensboro Campus: Adult Education Center Building 136

Visit – High Point Campus: Building H4 Room 128

#### Services

• ESOL services for adults whose first language is not English

# Church World Service Immigration and Refugee Program

# Contact

• Call: 336-617-0381

Website: <u>cwsgreensboro.org</u>

• Visit: 22 North Elm Street Suite 607 Greensboro (Appointments requested)

#### Services:

 Resettlement agency providing immigration legal services in the areas of naturalization, refugee/asylee green cards, refugee/asylee reunification, green card renewal, FOIA requests, refugee travel documents, and employment authorization document renewals for immigrant families

## Faith Action House International

#### Contact

• Call: 336-397-0037

• Website: faithaction.org

• Visit: 705 North Greene Street Greensboro 27401

## Services

 Providing educational training opportunities and support services for immigrants and refugees. Services include language classes, counseling, living needs – food, clothing, hygiene items – citizenship training, arts, fellowship, advocacy, and legal information

# Latino Family Center of High Point

# Contact:

• Call: 336-884-5858

Visit: 155 West Westwood Ave High Point 27262Services:

 Social Justice and advocacy, adolescents parenting, Women's Resource Center and youth services for LatinX families

# Islamic Center of Greensboro

# Contact:

• Call: 336-375-4908

• Visit: 2023 16<sup>th</sup> Street Greensboro,

# Services:

 Provides outreach and educational opportunities as well as interpreters and literature for Islamic families

# Montagnard Dega Association

# Contact:

• Call: 336-373-1812

• Visit: 611 Summit Avenue Greensboro

# Services

 Services include interpreters, English as a Second Language and family guidance to Montagnard families

## New Arrivals Institute

## Contact:

• Call: 336-937-4701

• Website: www.newarrivalsinstitute.org

Visit: 2714 West Market Street Greensboro 27403

# Services:

 Provides ESOL Training, employment readiness, early childhood classes, Refugees school impact, summer programs and other services for families who are new to the United States

## NC African Services Coalition

#### Contact:

• Call: 336-574-2677

• Website: <u>ascafrica.org</u>

• Visit: 122 North Elm Street Greensboro 27401

# Services:

 Refugee resettlement services, language classes, counseling and living needs for African refugees

# **UNC-G Center for New North Carolinians**

# Contact:

• Call – 336-334-5411

• Website: cnnc.uncg.edu

• Visit: 915 West Gate City Blvd. Greensboro 27403

# Services:

 Parenting outreach, after school programs and English language learning classes for immigrant families.

# **Reading Connections**

# Contact:

- Call 336-230-2223
- Visit 122 North Elm St Suite 920 Greensboro 27401
- Website Reading Connections

# Services:

• Free programs to help improve basic literacy skills, self-esteem, community service, and leadership skills among adults in Guilford County.

# Food Assistance

# Second Harvest Food Bank

#### Contact:

- Call 336-784-5770
- Website www.secondharvestnwnc.org/find-help

#### Services:

 Connects families with 470 programs that provide food and other services. This is available to all ages. Please visit their website for program details

# Out of the Garden Project

#### Contact:

Website: https://outofthegardenproject.org/

#### Services:

• Provides fresh food options for families with children 0-18 years of age. Please see the website for the monthly schedule of times and locations

# Backpack Beginnings

# Contact:

Website: https://backpackbeginnings.org/

#### Services:

• Delivers child-centric services to feed and clothe children in need. Open to children ages 0-18 years of age. Please see website for details and qualification

# Food Resources in Guilford County

# Contact:

- Greensboro Locations: Google Doc with Links here
- High Point Locations: Google Doc with Links here

# Services:

 These websites provide comprehensive lists of food resources in Greensboro and High Point

# Compassionate Pantry

## Contact:

- Call 336-889-4777
- Visit 335 North Wrenn St. High Point 27260

#### Services:

• Food Pantry available Thursdays from 10AM – 11AM. You live within 3 miles of the pantry and have a valid photo ID and proof of residence.

# Emerywood Baptist Church Food Pantry

# Contact:

- Call 804-477-4548
- Visit 1300 Country Club Dr. High Point 27262
- Website <a href="https://emerywoodbaptistchurch.com/missions/">https://emerywoodbaptistchurch.com/missions/</a>

# Services:

• First and Third Saturday of the month 9AM -

# Housing Assistance

<u>Affordable Housing Management Inc</u>. – Local property management team that manages multiple properties

Public Housing Search - A list of low-income properties in High Point area

<u>Affordable Housing Online</u> – A list of many properties in Guilford County area that are considered low-income properties

# Family Services of the Piedmont

#### Contact:

- Families First Center 315 East Washington Street 27401
  - o Domestic Violence, Rape and Victim Assistance 336-273-7273
- Slane Center 1401 Long Street High Point 27262
  - Domestic Violence, Rape and Victim Assistance 336-889-7273

#### Services:

• Provides shelter and support services to women and child victims of domestic violence and child abuse.

Greensboro Housing Authority Supportive Housing Authority

## Contact:

- Call: Main Office 336-275-8501
- Call Ogden Street 336-271-3368
- Visit Main Office 450 North Church Street Greensboro 27401
- Visit Ogden Street Office 1300 Ogden Street Suite B Greensboro
- Website: http://www.gha-nc.org/

## Services:

• Provides support services for people transitioning from homelessness and families will special needs. This program determines rent based on income and family size.

# **Greensboro Housing Coalition**

## Contact:

- Call 336-691-9521
- Visit: 1031 Summit Ave Suite 1E-2 Greensboro 27405
- Email info@gsohc.com
- Website https://greensborohousingcoalition.org/

#### Services:

Provides services to homeless, low income and special needs individuals and families

# **Homeless Shelter Directory**

# Contact:

• Website - Directory

# Greensboro Urban Ministries

## Contact:

- Main Location Call: 336-271-5959
- Visit Main Location 305 West Gate City Blvd Greensboro 27406
- Adult Shelters Call: 336-271-5959 Ext. 347 or Ext. 336
- Children Shelters Call: 336-271-5959 Ext. 125
- Pathways Family Shelter Call: 336-271-5988
- Visit Pathways Family Shelter: 3517 North Church Street Greensboro 27405
- Partnership Village Call: 336-286-6401
- Visit Partnership Village: 135 Greenbriar Road Greensboro 27405
- Website: https://www.greensborourbanministry.org/

# Services:

 Provides crisis intervention and emergency shelter services to Greensboro residents needing shelter

# High Point Housing Authority

#### Contact:

- Call 336-887-2661
- Visit 500 East Russell Ave High Point 27260
- Website <a href="https://hpha.net/">https://hpha.net/</a>

## Services:

 Provides families with an income no greater an 50% of the median income with safe affordable housing. Monthly rent will vary based on family size and income

# Homeless Prevention Services

#### Contact:

- Call 336-373-2349
- Visit: Melvin Municipal Office 3<sup>rd</sup> Floor 300 West Washington Street

# Services:

 Provides resources for homeless and low-income individuals and families looking for safe affordable housing

# Housing Coalition – Servant Center

# Contact:

- Call 336-275-8585 Ext 401
- Website https://www.theservantcenter.org/

#### Services

 Advocates for homeless, low and moderate income, special needs families for affordable housing

# Leslie's House

## Contact:

- Call 336-884-1039
- Visit 851 English Road High Point 27262
- Website Leslie's House

# Services:

 Provides emergency shelter, like skills, job and personal development, case management and goal setting for homeless women aged 18 and over without dependents. No fees charged at this facility.

# Room at the Inn

## Contact:

- Call 336-275-9566 (Monday Thursday 9 AM 2 PM)
- Visit 734 Park Ave Greensboro 27405
- Website Room at the Inn

## Services:

 Provides shelter, food, clothing case management, in house daycare, transportation and counseling to homeless single pregnant women and single mothers with children

# Salvation Army of High Point

## Contact:

- Call 336-881-5400
- Visit 301 West Green Drive High Point 272603
- Website <a href="https://southernusa.salvationarmy.org/high-point">https://southernusa.salvationarmy.org/high-point</a>

# Services:

 Provides emergency assistance to High Point residents who are experiencing crisis. Provides food, clothing and financial assistance for rent and utilities. Also provides shelter and transitional housing for single women and families.

## Youth Focus

## Contact:

- Call Main Office 336-274-5909
- Visit 405 Parkway Suite A Greensboro 27401

# Services:

 Provides emergency housing, safe place, outpatient counseling, maternity housing, transitional housing and supportive housing

# Youth Focus Emergency Housing – Act Together

# Contact:

- Call 336-375 -1332 or 336-252-2694
- Visit 1601 Huffine Mill Road Greensboro 27405
- Website https://youthfocus.wpengine.com/emergency-housing/
- Email engo@youthfocus.org

## Services:

12 bed co-ed facility for children aged 11 – 17 years. No charges are incurred to the family.
 Maximum stay is 15 days

# Youth Focus Supportive Housing

#### Contact:

- Call 336-907-3830
- Email Iforbes@youthfocus.org
- Website <a href="https://youthfocus.wpengine.com/rapid-rehousing/">https://youthfocus.wpengine.com/rapid-rehousing/</a>

## Services:

• Rent assistance for homeless youth ages 18 – 24 years in independent housing with a lease in their name. This is a no cost service

# Youth Focus – Transitional Living HEARTH

#### Contact:

- Call 336-907-3830
- Email Iforbes@youthfocus.org
- Website <a href="https://youthfocus.wpengine.com/transitional-living/">https://youthfocus.wpengine.com/transitional-living/</a>

#### Services:

• Transitional and long-term housing for young adults aged 18-21 years. This is a no cost service.

# Youth Focus Maternity Housing – My Sister Susan's House

## Contact:

- Call 336-252-2707
- Email khuynh@youthfocus.org
- Website <a href="https://www.youthfocus.org/maternity-housing/">https://www.youthfocus.org/maternity-housing/</a>

## Services:

• Transitional housing for pregnant women aged 16 – 21 years. This is no cost transitional housing.

# Youth Focus Safe Place

#### Contact:

- Call 336-375-1332
- Email engo@youthfocus.org
- Website https://www.youthfocus.org/safe-place/

## Services:

• This is an national youth outreach and prevention program for young people in danger and offers emergency safety assistance.

## West End Ministries

## Contact:

- Call 336-884-1105
- Email info@unusual.com
- Website http://wemhp.org/
- Visit 903 West English Road High Point

# Services:

 Offers an emergency assistance program for all people in need of help with homelessness and hunger

# YWCA Greensboro

## Contact:

- Call 336-333-0175
- Email <u>familyshelter@ywcagsonc.org</u>
- Website <a href="https://ywcagsonc.org/">https://ywcagsonc.org/</a>
- Visit 1807 East Wendover Ave Greensboro 27405

## Services:

• An emergency family shelter that can provide shelter, food, case management and support to families experiencing housing insecurity and homelessness.

# General Resources

# American Red Cross, Greensboro Chapter

## Contact:

Call – 336-333-2111

## Services:

• Provides emergency relief to families who have suffered a natural disaster

# Barnabas Furniture Ministry

#### Contact:

• Call – 336-370-4002

Website - https://www.thebarnabasnetwork.org/

## Services:

• Serves people transitioning from homelessness, burnout victims, domestic violence and children who are sleeping on the floor. There is a \$25 referral fee and will require pictures or a walkthrough of space being furnished prior to assisting the family.

# Department of Social Services – Greensboro and High Point

#### Contact:

- Call Main Phone 336-641-3000
- Call Child Protective Services 336-641 3795
- Visit Greensboro Office 1203 Maple Street Greensboro
- Visit High Point Office 325 East Russell Avenue High Point

# Services:

• Emergency assistance, day care vouchers, food stamps and Work First on an as needed basis for all those who qualify

## Goodwill Industries

## Contact:

- Call 336-275-9801
- Visit: 1235 South Eugene Street Greensboro

## Services:

 Educational training and employment services for those who are disabled and low- or moderate-income families

# Guilford Co-op Extension (4-H)

#### Contact:

- Call 336-641-2400Services:
- Offers hands on learning experiences for youth aged 5 18 years. Some fees do apply
  please contact the Co-op for more information.

# Guilford County Transportation and Mobility Services

## Contact:

• Call – 336-641-2561

## Services:

• Provides families transportation to and from medical appointments. First time riders will need to complete a medical assessment

# Guilford County Reentry Council

## Contact:

- Call 336-641-3809
- Website Guilford County Reentry Council

#### Services:

The goal of the Guilford County Reentry Council is the assist people who have been to jail or
prison as well as their families, in creating a successful transition from incarceration back into
Guilford County.

# Helping Hands – Mt Zion Baptist Church

#### Contact:

Call – 336-373-4264

#### Services:

 Provides rent and utility assistance if funds are available. You must call for an appointment. Valid NC ID car and current utility bill or lease with amount owed along with a valid Guilford County address are required for assistance.

# National Conference for Community and Justice

# Contact:

• Call - 336-272-0359

Website - https://www.nccjtriad.org/

## Services:

Provides you based programs such as Anytown and Leader 4 Tomorrow. These
programs are designed with improving relationships and promoting diversity tolerance.
This is a needs-based program. Visit the website for program qualifications.

# One Harvest

## Contact:

- Call 877-818-1778 or 336-299-8062 or 336-323-3172
- Visit: Christ Wesleyan Church 2400 South Holden Road Greensboro
- Visit: Bethany Fellowship Church 4707 West Gate City Blvd. Greensboro

## Services:

• Offers affordable, pre-packaged, high quality food boxes. There are no eligibility requirements, family boxes are \$35, fees vary for other boxes.

# Salvation Army

## Contact:

• Call – 336-274-1507

## Services:

Provides food, rent and clothing assistance to families. Clothing closet available 9AM –
 1:30 PM must bring valid NC ID and Social Security card.

# WIC – Women, Infants and Children

#### Contact:

• Call – Greensboro Office: 336-641-3214 or High Point: 336-641-7571

# Services:

• Provides nutritional assessment, education and food vouchers for pregnant women, new mother, infants and children under 5 years of age. You must be a Guilford County resident either and meet and financial, medical or nutritional requirements.

# Health Services

# Children's Developmental Services Agency (CDSA)

## Contact:

- Call 336-334-5601
- Website <a href="https://beearly.nc.gov/">https://beearly.nc.gov/</a>
- Visit 122 North Elm Street Suite 400 Greensboro

## Services:

Provides service coordination, early intervention services and access to the Family Support
 Network of Central Carolina for families of infants and toddlers

# Family Services of the Piedmont

## Contact:

- Call 336-387-6161
- Email intake@fspcares.org
- Hours Monday Friday 8:30 AM 12 PM and 1PM 2:30 PM

#### Services:

- Provides individual and family counseling for children, adolescents and adults dealing with substance abuse, drug addiction, alcoholism, anger management, depression, anxiety, family stress, physical abuse, family dysfunction, grief or marital problems. Medicaid is accepted.
   There is a sliding fee scale with costs as low as \$0 depending on income level.
- Clients without insurance can receive primary care along with behavioral and psychiatric care
- Walk in Clinics are available for both mental health and substance abuse issues.

# JDRF – Juvenile Diabetes Research Foundation

#### Contact:

- Call 336-373-1768
- Website <a href="https://www.jdrf.org/northcarolina/">https://www.jdrf.org/northcarolina/</a>
- Visit 216 West Market Street Suite B Greensboro 27401

## Services:

• Provides diabetes management assistance for anyone with juvenile diabetes and their families

# Cone Health Urgent Care Center

#### Contact:

- Call 336-832-4400
- Visit 1123 North Church Street Greensboro 27401

## Services:

• Provides all health care services for people with Medicaid, Medicare and private insurance.

# Guilford County Department of Public Health

# Greensboro Location

#### Contact:

- Call Main number for all locations 336-641-7777
- Call All clinic locations (except dental) 336-641-3245
  - Hours: 8AM 5PM
- Call After Hours Nurse Triage Line 336-641-3245
  - o Hours: 5PM 8AM
- Call Medical Records 336-641-4697
- Call WIC 336-641-3245
- Call Appointment Line 336-641-3245
- Call Tuberculosis Health 336-641-3256
- Call Refugee Health 336-641-4801
- Call Family Planning 336-641-3245
- Call Medication Assistance Program 336-641-8030 (option 2)
- Call Pharmacy 336-641-3388
- Visit 1203 Maple Street Greensboro 27405
- Website Guilford County Division of Public Health

## High Point Location

- Call Care Coordination for Children 336-641-7641
- Call Pregnancy Care Management 336-641-7641
- Call School Health 336-641-7802
- Visit 501 East Green Street High Point

## Services:

Services provided include immunizations, pediatric dental care, HIV/STI testing, health
education, WIC, maternity care, medication assistance, COVID 19 testing and communicable
disease care. These services are open to all Guilford county residents. Services are designed to
meet the needs of uninsured and underinsured low-income residents. Some services are
available to all North Carolina residents, please call for more information

# Moses Cone Health Behavioral Health Center

## Contact:

- Call 336-832-9700
- Call Assessment Help Line 1-800-711-2635
- Call Outpatient Services 336-832-9800
- Visit 700 Walter Reed Drive Greensboro 27403

## Services:

 This center provides 24/7 hotline aiding in referrals and information, inpatient health services, and crisis stabilization. This center has a 30-bed inpatient unit that is available for children from 5 – 18 years.

# Muscular Dystrophy Association

## Contact:

- Call 336-856-1591
- Visit 2306 W. Meadowview Rd Greensboro 27407

# Services:

• Provides patient service programs, education, support groups and clinics for individuals with muscular dystrophy and other neuromuscular disorders

## Smile for a Lifetime

#### Contact:

- Call 336-274-7649 Greensboro Location
- Call 336-644-1644 Summerfield Location
- Visit 1304 Beaman Place Greensboro 27408
- Visit 6161 Lake Brandt Road Greensboro 27455

#### Services:

 Orthodontic care for individuals who may not have the opportunity to otherwise have assistance. This program is currently available for individuals ages 11 – 18 years. There is an application process

## Triad Adult and Pediatric Medicine

## Contact:

# Family Medicine at Brentwood

- Call 336-884-0224
- Visit 606 North Elm Street High Point 27263
- Hours Monday Friday 8 AM 5 PM

# Family Medicine at Arlington

- Call 336-333-3348
- Visit 1205 Arlington Street Greensboro 27406
- Hours Monday Friday 8:30 5:30

# Family Medicine at Commerce

- Call 336-884-0224
- Visit 400 East Commerce Ave High Point 27262
- Hours Monday Friday 8:30 5:30 | | | Saturday (October March) 9AM 1PM

## Pediatrics at Wendover

- Call 336-272-1050
- Visit 1046 East Wendover Ave Greensboro 27405
- Hours Monday Friday 8:30 5:30 | | | Saturday (October March) 9AM 1PM

# Family Medicine at Eugene

- Call 336-355-9920
- Visit 1002 Eugene Street Greensboro 27406
- Hours Monday, Wednesday and Friday 8AM 5PM
- Website for All Locations https://tapmedicine.com/

#### Services:

• Please contact your preferred office for services offered at that location. Services are offered to children and families on a sliding scale based on need. Medicaid is accepted.

# Medication Assistance Program (MAP) Sites

#### Contact:

- Call 336-841-7154
- Visit 779 North Main St. High Point 27262
- Website Community Clinic
- Website <a href="https://medassist.org/free-pharmacy-program/">https://medassist.org/free-pharmacy-program/</a>

# Services:

Medication Assistance Program the participating free and charitable clinics, community health
centers, and rural health centers provide access to free and low-cost medication through
pharmaceutical company programs for low income, uninsured patients who cannot afford them.

# Mental Health Services

# Boys Town National Hotline

## Contact:

Call – 1-800-448-3000

## Services:

• Provides a crisis support hotline for children, youth and their families. This is a 24/7 hotline that addresses multiples topics and issues. Spanish assistance available.

# Carolina Psychological Associates

#### Contact:

- Call 336-272-0855
- Visit 1504 Highwoods Blvd. Suite 101 Greensboro 27410

## Services:

• Offers services for children and adults. This private practice has psychologists, psychologist associates, master's level social workers and professional counselors that provide multi discipline mental and behavioral health services.

# Consejeria Ruiz, PLLC

## Contact:

- Call 336-252-3932
- Visit 2211 West Meadowview Rd. Greensboro 27407

## Services:

Offering counseling services for adolescent, early childhood, adults and family. Areas of
expertise include mental health, trauma, relational issues, depression, self-esteem, coping skills,
domestic violence and anger management.

# Envisions of Life, LLC

# Contact:

- Call 336-887-0708
- Visit 5 Centerview Dr Suite 110 Greensboro 27407
- Website <a href="http://www.envisionsoflife.com/about.php">http://www.envisionsoflife.com/about.php</a>

# Services:

• Provides individual, family and group therapy for children, youth and adults.

# Family Solutions, PLLC

# Contact:

- Call 336-889-8800 for all locations
- Visit 231 N Spring St Greensboro | | 3057 S. Church St Burlington | | 148 Baker Rd Archdale

#### Services:

• Outpatient therapy to children, youth and families. Services available at home, school or in office. Medicaid, Health Choice and Blue Cross all accepted. Please call office for specific fees.

# Katherina Sanchez, MS, LMFT

## Contact:

- Call 336-686-7727
- Visit 110 East Bessemer Ave Greensboro

## Services:

 Counseling for managing anxiety, depression and family conflict. Services offered in English and Spanish. Services offered for adults and the elderly.

## The Kellin Foundation

#### Contact:

- Call 336-429-5600
- Visit 2110 Golden Gate Drive Greensboro
- Email <u>kellinfoundation@gmail.com</u>
- Website <a href="https://www.kellinfoundation.org/">https://www.kellinfoundation.org/</a>

## Services:

• Specialized services in victim advocacy, trauma recovery, peer support and community outreach mobilization. Services are advertised as "free or greatly reduced" for adults and youth.

# Mental Health – Greensboro

## Contact:

- Call 336-373-1402
- Visit 700 Walter Reed Drive Greensboro
- Website https://www.mhag.org/

## Services:

• Offers programs for all ages which help promote better mental health, provide support to those who suffer from mental illness and helps reduce the stigma associated with mental illness.

### Monarch

# Contact:

- Call 866-272-7826 (Intake, Crisis and Support Center)
- Call 336-676-6906 (Greensboro Office)
- Visit 201 North Eugene St. Greensboro
- Website <a href="https://monarchnc.org/">https://monarchnc.org/</a>

#### Services:

 Offers trauma informed care for people with mental illness, substance abuse disorders and intellectual developmental disabilities. Medicaid and private insurance are accepted. There is also a sliding scale fee available.

# National Suicide Hotline/Talk Link

#### Contact:

• Call – 800-273-8255

#### Services:

 This service is available to anyone thinking about suicide, having suicidal thoughts or feeling depressed or overwhelmed.

# Greenway Counseling and Wellness (New Day High Point)

#### Contact:

- Call 336-884-9510
- Visit 4154 Mendenhall Oaks Parkway Suite 101 High Point

### Services:

• Offering counseling and therapy to teens, young adults and adults

#### New Leaf Adolescent Care Inc.

#### Contact:

- Call 336-659-6135
- Visit 3720 Vest Mill Road Winston-Salem 27103
- Website <a href="http://newleafinc.net/">http://newleafinc.net/</a>

### Services:

 Offering diagnostic services, residential services (biological male youth), 24-hour crisis response services, professional referrals, group and family therapy with psychiatric and psychological clinicians. Accepts insurance. Please call office directly for fee schedule.

# Pinnacle Family Therapy

### Contact:

- Call 336-856-1140
- Visit 7-C Oak Branch Drive Greensboro

### Services:

• Outpatient therapy, intensive in-home treatment, therapeutic foster care and trauma informed care for youth and adults. Please call office for fee schedule.

### RHA

### Contact:

- Call 336-899-1505
- Call 866-261-5769 (After Hours Crisis Center)
- Visit 211 S. Centennial Street High Point

#### Services:

 Provides crisis intervention and outpatient treatment for youth and adults at their High Point Location Monday – Friday until 5 PM. RHA accepts insurance, Medicaid and self-pay.

# Guilford County Community Care (Orange Card)

#### Contact:

- Call 336-895 4900
- Email info@guilfordccn.org
- Website <a href="https://guilfordccn.org/orange-card/">https://guilfordccn.org/orange-card/</a>

### Services:

Provides uninsured patients in Guilford County a medical "home" to get their car, and works
with other agencies to make sure all client needs are addressed. Contact the office directly or
visit the website for more information about their services and to apply for an orange card.

# Pregnant and Parenting Teens

# Family Support Network of Central Carolina

### Contact:

- Call 336-274-1538
- Visit 604 Meadow Street or 1004 Yanceyville St Greensboro
- Website https://www.chsnc.org/helping-families/parent-education/#healthysteps

#### Services:

• Provides parenting classes for young parents or pregnant teens

# Nurse Family Partnership

#### Contact:

- Call 336-369-5080
- Website https://www.nursefamilypartnership.org/locations/north-carolina/

### Services:

Provides a support system for low-income first-time parents whose babies face risks. This
service is available for first time moms less than 28 weeks pregnant. Nurse visits during
pregnancy until child is two years of age.

### Room at the Inn

#### Contact:

- Call 336-996-3788
- Visit 734 Park Ave Greensboro
- Website https://www.roominn.org/

#### Services:

• Maternity home that provides shelter, food, clothing, in house daycare, transportation and counseling to pregnant homeless women.

# Clothing Assistance

# **Backpack Beginnings**

#### Contact:

- Call 336-954-7445 or 336-709-9649
- Visit- 3711 Alliance Drive Greensboro 27407
- Website https://backpackbeginnings.org/

### Services:

• Offers children's clothing and emergency assistance. Open Monday – Friday 9AM – 5PM

### Lebanon United Methodist Church

#### Contact:

- Call 336-882-9853
- Visit 237 Idol St. High Point 27262
- Website https://lebanonumhp.org/

#### Services:

 Offers clothing assistance, please call or visit website for information about hours and qualifications.

### **Open Doors Ministries**

### Contact:

- Call 336-553-2716 or 336-819-8446
- Visit 400 North Centennial Street, High Point
- Website https://opendoorministrieshp.org/

#### Services:

 Offering rapid rehousing services and permanent supportive housing. Clients can receive case management, food, furniture, clothing and referrals to community resources. Open Monday – Friday 8AM – 5

## Welfare Reform Liaison Project

#### Contact:

- Call 336-908-7624
- Visit 237 Idol Street High Point 27262
- Website <a href="https://www.wrlp.net/">https://www.wrlp.net/</a>

### Services:

Provides clothing assistance, employability services and community resource referrals.

# Bob's Closet

### Contact:

- Call 336-697-3000 (Ashley West)
- Visit 1089 Know Rd. McLeansville 27301

### Services:

• Offers limited free clothing items for men, women and children for pickup only.

### Women's Resource Center

#### Contact:

- Call 336-275-6090
- Visit 628 Summit Ave. Greensboro 27405
- Website <u>Women's Resource Center of Greensboro | Women's Resource Center is women</u> helping women (womenscentergso.org)

### Services:

• Provides clothing assistance for female center participants

### Financial Assistance

Department of Social Services (High Point Location)

**Energy Assistance Program** 

#### Contact:

- Call 336-387-6161 extension 6
- Visit The Slane Center 1401 Long Street High Point 27262
- Website <u>LIEAP Program</u>

#### Services:

The Low-income Energy Assistance Program (LIEAP) and Crisis Intervention Program (CIP) assist with vendor payment to help households pay heating and cooling bills. Households, including a person aged 60 or older or an individual receiving disability benefits and services through N.C. Division of Aging and Adult Services are eligible to sign up for assistance from Dec. 1 – 31. All other households may apply from January 1 – March 31 or until funds are exhausted. Hours: 9 am to 5 pm, Monday to Friday

### Water Assistance Program

#### Contact:

- Call 336-641-3447 or 336-641-3000
- Visit 325 East Russell Ave High Point 27260
- Website Water Assistance Program

### Services:

Since January 1, 2022, all households that are not in danger of having their water service cut off
can apply for assistance if they meet the eligibility requirements. To be eligible for the LIHWAP
program, a household must have at least one U.S. citizen or noncitizen and have income equal
to or less than 150% of the federal poverty level. In addition, have household services that are
disconnected, in jeopardy of disconnection, or have a current outstanding bill, and be
responsible for the water bill.

### Rental and Utilities Assistance Program

#### Contact:

- Call 336-641-3000
- Visit 325 East Russell Ave High Point 27260
- Website Rental and Utility Assistance Program

### Services:

When submitting your application, you will be asked to attach the following documents: 1. Proof of residency (Driver's License or any other official document evidencing residency) 2. Copy of rent statement or Lease Agreement and/or utility bills showing past due amount. 3. Household income verifications with proof of financial hardship for the previous two months (pay stubs, letter of termination/furlough, unemployment benefits, etc.).

## Family Services of the Piedmont – Consumer Credit Counseling

### Contact:

- Call 336-373-8882 or 888-755-2227
- Visit The Slane Center 1401 Long Street High Point 27262
- Website <a href="https://www.fspcares.org/cccs/">https://www.fspcares.org/cccs/</a>

#### Services:

 Consumer Credit Counseling Service helps individuals and families avoid bankruptcy or foreclosure, achieve financial goals, and regain a sense of financial well-being. Hours: 9 am to 5 pm, Monday to Friday

# Helping Hands

#### Contact:

- Call 336-886-2327
- Visit 2301 South Main St High Point 27263
- Website http://www.helpinghandshighpoint.org/

#### Services:

 Helping Hands Emergency Assistance Ministry partners with Second Harvest Food Bank in Northwest N.C. and is a member of the Community Resource Network in High Point. Financial assistance is a first come, first-serve basis when funds are available. Hours: Monday to Friday 9 am to 4pms Utility Assistance: Meet income limits and be a City of High Point utility customer. Duke Energy customers do not qualify. Must not have received utility assistance for another agency within the last 90 days. Rent Assistance: Residents of High Point who meet income limits. Must not have received rent assistance for another agency within the last 90 days.

# **Employment Assistance**

### Career Center of the Southeast

#### Contact:

- Call 800-882-3922
- Visit 6801Northlake Mall Drive #260
- Website www.southeastcareercenter.com

### Services:

• Virtual career fairs and workshops for career seekers

### **Dismas Charities**

#### Contact:

- Call 336-370-4357
- Visit 307 North Church Street Greensboro 27401
- Website Dismas Charities Healing the human spirit since 1964

#### Services:

Re-entry program that focuses on risk/needs assessments to reduce recidivism rates

### Triad Career Network

### Contact:

- Call 336-478-4755
- Visit 617 Elm St Greensboro 27401
- Website http://www.triadcareernetwork.org/

### Services:

• A networking group that assists, supports, serves and educates individuals and their families facing underemployment and unemployment.

#### Vocational Rehabilitation

#### Contact:

- Call 336-487-0500
- Visit 3401 West Wendover Ave. Suite a Greensboro 27407
- Website NC DHHS: Vocational Rehabilitation Services

#### Services:

 Provides counseling, training, education, transportation, job placement, assistive technology and other support services to people with disabilities.

# **Legal Services**

# Legal Aid of North Carolina – Greensboro Office

### Contact:

- Call 336-272-0148
- Visit 122 North Elm St. Suite 700 Greensboro 27401
- Website Legal Aid Legal Aid (legalaidnc.org)

### Services:

• Provides free legal help to low-income North Carolinians in civil cases involving basic human needs like safety, shelter, income and more

## Women's Resource Center

### Contact:

- Call 336-373-2489
- Visit 628 Summit Ave. Greensboro 27405
- Website Women's Resource Center of Greensboro

#### Services:

• Provides legal workshops and an attorney hotline – free 15-minute telephone consultations. Call the Center for further details and appointments.

# Student Housing Resources – Guilford County

# Campus East Apartments

### Contact:

- Call 336-285-5585
- Website Campus East (campuseastapts.com)

### The District at West Market

#### Contact:

- Call 336-379-0776
- Website <a href="https://www.districtatwestmarket.com/">https://www.districtatwestmarket.com/</a>

### The Reserve Greensboro

### Contact:

- Call 336-645-6207
- Website The Reserve Greensboro

### The Letterman Greensboro

#### Contact:

- Call 336-365-2300
- Website Letterman Greensboro Apartments

### Block 43 Cottages

### Contact:

- Call 336-285-9300
- Website WestVue

# **Campus Crossing Apartments**

#### Contact:

- Call 336-294-3855
- Website Campus Crossing

### Sebastian Villages

### Contact:

- Call 336-373-1988
- Website NC A&T Real Estate Foundation

# **Veterans Resources**

## Guilford County – Veterans Resources

#### Contact:

- Call 336-641-2957 or 336-641-4684 or 336-641-7929
- Visit 325 East Russell Ave High Point 27260
- Website Contact Us | Guilford County, NC (guilfordcountync.gov)

### Services:

 Offers information about benefits to veterans and their families or their survivors. Some programs may have more specific eligibility requirements. Please call or email for more information.

### Combat Female Veteran Families United

#### Contact:

- Call 919-637-7679
- Visit 5574 Garden Village Way, Greensboro 27410
- Website Combat Female Veterans Families United

#### Services:

 Offers support for veteran women. Offers training, mentorship and referral for women coming back from service. Open Monday - Friday from 10 AM – 4 PM. Call or email <u>info@cfvunited.com</u> for information or services.

### Greensboro Vet Center

### Contact:

- Call 336-353-2660 or 877-927-8387
- Visit 3515 West market Street Greensboro 27403
- Website Greensboro Vet Center

### Services:

Offers counseling, outreach and referral services to combat veterans and their families. Offers individual and group counseling, alcohol and drug assessment, and suicide prevention referrals. Open Monday – Thursday from 8Am – 6PM and Friday 8AM – 4:30 PM. This service is available for combat veterans, military sexual assault survivors, active duty members experiencing bereavement and their families.

### Department of Veterans Affairs

### Contact:

- Call 800-827-1000 Main Link
- Call 800-669-8477 VA Life Insurance
- Call 888-442-4551 VA Education Benefits
- Call 877-222-8387 VA Health Care Benefits
- Visit 251 North Main St. Room 109 Winston Salem 27155
- Website https://www.va.gov/

#### Services:

• For veterans seeking assistance from the Regional Office Public Contact Team for financial benefits, insurance, education and health should schedule a virtual or in-person the VERA but visiting force.com to schedule that appointment. You will receive an email confirming your appointment. You can find a complete resource guide on the website.

# North Carolina Department of Military and Veterans Affairs

#### Contact:

- Call 984-204-8366
- Visit 4001 MSC, 413 North Salisbury St Raleigh 27603
- Website N.C. Department of Military & Veterans Affairs

#### Services:

 The Department of Military and Veteran Affairs has a team of professionals committed to ensuring that all those who have served and their families can maximize their benefits and resources. Open Monday – Friday from 8AM – 5PM.

### Services to Armed Forces – American red Cross – Piedmont Triad Chapter

#### Contact:

- Call 336-333-2111 Local Office
- Call 800-733-2767 National Office
- Call 877-272-7337 Hero Care Center
- Visit 1501 Yanceyville St Greensboro 27415
- Website https://www.redcross.org/about-us/our-work/military-families.html

#### Services:

 Officers services for military members and their families. Helps families cope with loss and separation and provides emergency communication between families and deployed family members. Offers financial help with emergency travel, burial and other emergency needs. Open Monday – Friday from 8AM – 5PM.

# Veterans Crisis Line – United States Department of Veterans Affairs

### Contact:

- Call 800-273-8255 Main Line
- Call 800-799-4889 TTY Line
- Website <a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a>

### Services:

• Offers a phone line, online char and text for veterans and military members in crisis. Open 24/7

# Veterans Helping Veterans Heal

### Contact:

- Call 336-744-1313
- Visit 3614 North Glenn Ave Winston Salem 27105
- Website Veterans Helping Veterans Heal (vhvh.org)

### Services:

Offers transitional housing and case management for homeless male veterans. Open 24/7, Call
or walk in

# Re-Entry Resources

# **Guilford County Reentry Council**

### Contact:

- Call 336-641-3809
- Visit 505 East Green Drive Room 132 High Point 27262
- Website Guilford County, NC (guilfordcountync.gov)

### Services:

 Assistance is offered to formerly incarcerated or currently incarcerated people with transitional planning. They can act as a liaison between client and services. This is open to any individual returning to Guilford County from local jail, state or federal prison or community corrections.
 Services are free

### Piedmont Triad Regional Council – Criminal Justice

#### Contact:

- Call 336-904-0300
- Visit 1398 Carrollton Crossing Drive Kernersville, 27284
- Website <u>Piedmont Triad Regional Council, NC</u>

#### Services:

 Offers services to improve the reintegration of former offenders, reduce criminal justice costs and increase public safety. Open Monday – Friday 8:30 AM – 5PM

# Sec2nd Chance Reentry and Recidivism Program

#### Contact:

- Call 336-427-0625
- Visit 11 Farmview Rd. Thomasville 27361
- Website Sec2ND Chance Outreach

### Services:

Offers services to formerly incarcerated people to reduce rates of reincarcerations. Services include adult basic education services, job readiness, financial literacy education and more.
 Open Tuesday, Wednesday and Thursday from 10AM – 5PM. This is available for adults aged 16 – 25 years. All services are by appointment only.